



Organized by :
Department of
Anaesthesiology &
Perioperative Medicine



MAR SLEEVA[®]
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A Temple of Health



**POCUS
WORKSHOP**

IMPACT 2026

Intensive Modular Programme for
Anaesthesia & Critical Care Trauma

August 2, 2026 | 8:00 am to 4:30 pm

Venue: Mar Sleevea Medicity Palai

TCMC
Credit Hours
Awaited

IMPACT 2026

The Department of Anaesthesiology & Perioperative Medicine, Mar Sleeva Medicity Palai, warmly welcomes you to IMPACT 2026 - Intensive Modular Programme for a Continuing Medical Education (CME) programme on 2 August 2026.

Trauma care requires rapid decision-making, advanced clinical skills, and effective multidisciplinary teamwork. IMPACT 2026 is designed to provide an engaging academic platform for anaesthesiologists, intensivists, emergency physicians, surgeons, postgraduate trainees, and allied healthcare professionals to strengthen their knowledge and enhance practical expertise in trauma and critical care.

We look forward to your participation and hope IMPACT 2026 will inspire learning, collaboration, and excellence in trauma anaesthesia and critical care, ultimately improving patient outcomes.

With warm regards,

Dr. Manjit George

Chief Coordinator

Dr. Aby John

Organising Chairman

Dr. Anu Janardhanan

Organising Secretary



Scientific Programme

8:00 AM – 8:30 AM | Registration

I From Scene to Survival 8:30 am – 9:30 am

Chairs

Dr. Anu Janardhanan
Mar Sleevea Medicity Palai

Dr. Sadasivan M
Caritas Hospital, Thellakom

ATLS 11th Edition What's New	Dr. Anusha Razvi <i>Govt. Medical College Hospital, Kottayam</i>	18 min
Approach to the Traumatic Airway	Dr. Jerry Paul <i>Amrita Hospital, Kochi</i>	18 min
Peep into the Thoracic Cage Chest Trauma: Restoring V/Q	Dr. Nithish P N <i>Mar Sleevea Medicity Palai</i>	18 min
Q & A		5 min

II Saving Lives Before Definitive Repair 9:30 am – 10:30 am

Chairs

Dr. Letha J
*Govt. Medical College
Hospital, Kottayam*

Air Cmde (Dr) Pauline Babu (Retd)
Mar Sleevea Medicity Palai

Approach to the Hypotensive Trauma Patient	Dr. Ashu Sara Mathai <i>Believers Church Medical College Hospital, Thiruvalla</i>	18 min
Damage Control Resuscitation Demystified	Dr. Suresh G Nair <i>Aster Medcity, Kochi</i>	18 min
Haemostatic Precision Resuscitation Is TEG & ROTEM a Game Changer?	Dr. Babu Raj C <i>Govt. Medical College Hospital, Kollam</i>	18 min
Q & A		5 min

10:30 am – 10:45 am | Tea Break

10:45 am – 11:15 am | Inaugural Ceremony



From Shock to Stability

11:15 am – 12:15 pm

Chairs

Dr. Anju Merry Devasia
Mar Sleevea Medicity Palai

Dr. Rajesh Antony
Mar Sleevea Medicity Palai

When the Scalpel Steps Back Interventional Radiology in Trauma	Dr. Jospaul Lukas <i>Mar Sleevea Medicity Palai</i>	18 min
Beyond the Golden Hour Critical Care Principles in Polytrauma	Dr. Zubair Umer Mohamed <i>Amrita Hospital, Kochi</i>	18 min
Precision Analgesia for the Trauma Patient	Dr. Sajeesh G <i>Neyyar Medicity, Thiruvananthapuram</i>	18 min
Q & A		5 min



Panel Discussion

12:15pm – 1:15 pm

**PRO
CON**

**Can POCUS Replace Routine Initial
Radiological Imaging in Trauma?**

15 min

Dr. Gowri Asok & Dr. Reshma V
Mar Sleevea Medicity Palai

Two Lives at Stake – Obstetric Trauma

Management of Pelvic Trauma in Pregnancy
A Multidisciplinary Perspective

Moderator

Dr. Aby John
Mar Sleevea Medicity Palai

Panellists

Dr. OT George
Mar Sleevea Medicity Palai

Dr. Ajitha Kumari
Mar Sleevea Medicity Palai

Dr. Rajesh Antony
Mar Sleevea Medicity Palai

Dr. Jibin K Thomas
Mar Sleevea Medicity Palai

Dr. Josekutty Mathew
Mar Sleevea Medicity Palai

45 min

1:15 PM – 2:00 PM | Lunch Break

Choose Your Track – A or B

2:00 pm – 4:30 pm

Track A
Probe, Scan, Save – Practical POCUS

2:00 pm – 4:30 pm

Knobology – Basics of Ultrasound

Dr. Sajeesh
Neyyar Medicity, Thiruvananthapuram

Hands-On, 5 Stations, 20 min each

Station 1 – E-FAST

Dr. Sreejith R Nair
Mar Sleevea Medicity Palai

Dr. Sreeram R
GG Hospital, Thiruvananthapuram

Station 2 – Chest Ultrasound

Dr. Melwin George
Lisie Hospital, Kochi

Dr. Xavier John
Mar Sleevea Medicity Palai

Station 3 – Echo (Basic POCUS)

Dr. Gopakumar
*Govt. Medical College
Hospital, Kollam*

Dr. Nithish P.N
Mar Sleevea Medicity Palai

Station 4 – Truncal Nerve Blocks

Dr. Sajeesh G
Neyyar Medicity, Thiruvananthapuram

Dr. Renjith Ravi
*Baby Memorial Hospital,
Thodupuzha*

Station 5 – Vascular / DVT

Dr. James Cyriac
Mar Sleevea Medicity Palai

Dr. Abin K Jose
Mar Sleevea Medicity Palai

Track B
Modules V & VI

2:00 pm – 4:30 pm

V Redefining Trauma Care

2:00pm –3:00 pm

Chairs

Dr. Ashu Sara Mathai

*Believers Church Medical College Hospital,
Thiruvalla*

Dr. Ratheesh Kumar

Govt. Medical College, Kottayam

One Team, One Room, Multiple Solutions Hybrid OR in Trauma	Dr. Shivani Bakshi <i>Mar Sleevea Medicity Palai</i>	18 min
Trauma Care in the Era of AI	Dr. Thomas P George <i>Pushpagiri Medical College Hospital, Thiruvalla</i>	18 min
Rise of Robots in Trauma Surgery	Dr. Jibin K Thomas <i>Mar Sleevea Medicity Palai</i>	18 min
Q & A		5 min

VI Trauma Clinic – Case Scenarios

3:00pm –4:30 pm

Case 1

Tiny Warrior – Survival After Extensive Paediatric Burns	Dr. Liby G Pappachan & PGs <i>Mar Sleevea Medicity Palai</i>	20 min
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Case 2

Jehovah's Witness with Cardio – Renal Failure for PFN	Dr. Letha J & PGs <i>Govt. Medical College Hospital, Kottayam</i>	20 min
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Case 3

TBI with Liver Injury Competing Priorities in Polytrauma	Dr. Sam Philip & PGs <i>MOSC Medical College, Kolenchery</i>	20 min
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Case 4

Cervical Spine Injury The Unstable Neck	Dr. Girija Nandan Menon & PGs <i>Al Azhar Medical College, Thodupuzha</i>	20 min
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05:00 pm | Closing Remarks & Tea

PAYMENT & REGISTRATION

Limited to 250 participants with 50 exclusive workshop slots.

Payment Details

PG Residents: Rs.500/-

Delegates: Rs.1,000/-

Spot: Rs.1,200/-

Option 1

Scan & Pay via UPI



UPI ID:

MARSLEEVAPALA@SBI

Merchant:

MAR SLEEVA MEDICITY PALA

Option 2

Bank Transfer

Account Name:

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EDUCATION TRUST

A/C No: 00000040239272114

IFSC: SBIN0063661

Branch: SME Pala (63661) | SBI

NB: Payment options are available within the registration link provided below.

Registration

Register now by clicking the button below or scanning the QR code.

CLICK TO REGISTER



Scan QR Code



For Registration

Workshop participation is limited to 50 delegates on a first-come, first-served basis. No additional fee applies. Conference registration is mandatory.

Organising Team

Patrons

Rev. Fr. Mathew Thekkel
Managing Director & CEO

Rev. Fr. Jose Keeranchira
Associate Director
Hospital Operations, Projects,
Legal & Liaison

Rev. Dr. Joseph Karikulam
Associate Director – HR, Nursing
& Academics

Rev. Fr. Gervasis Anithottathil
Associate Director
Finance & Materials

Rev. Fr. Mathew Chennattu
Associate Director – AYUSH

Rev. Fr. Mathew Thuruthippallil
Associate Director – Branding and
Healthcare Promotions & IT

Advisors

Air Cmde (Dr.) Pauline Babu (Retd.) | Dr. Nithish P. N

Chief Coordinator

Dr. Manjit George

Organising Chairman
Dr. Aby John

Organising Secretary
Dr. Anu Janardhanan

Treasurer
Dr. Basil Paul Manayalil | Dr. Abin K. Jose

Scientific Committee

Dr. Shivani Bakshi
Dr. Liby G. Pappachan
Dr. Nithish P. N.
Dr. Gowri Asok
Dr. Alka Elizabeth Jacob
Dr. Anu T. E.

Reception & Registration

Dr. Xavier John
Dr. Reshma V.
Dr. Jerin Anna James
Dr. Swetha John
Dr. Veena M. Mohan

Audio Visual Committee

Dr. James Cyriac
Dr. Jabir M. J.

Transport & Logistics

Dr. Xavier John
Dr. Manish Mohan
Dr. Johns Sibi

Workshop Coordinators

Dr. James Cyriac
Dr. Xavier John

Executive Committee (Mementos & Certificates)

Dr. Anu T. E.
Dr. Shiwella Sebastian
Dr. Rinku P. Joseph
Dr. Ananthakrishnan S.

 For Enquires:

Dr. Xavier John : 94005 98558

Dr. Anu Janardhanan : 94477 99389



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